

Final Outcome: We are working towards a class agility competition!

Component 6:

What we will know after this sequence:

LQ: Can I improve a range of multi skills?

Children will participate in a mini agility competition with each activity focusing on one of the skills learned in the past weeks.

Vocabulary:

Aim, balance, control, bounce, throw, catch, accuracy

SEN:

Photos and videos from previous learning will be available.



Component 4:

What we will know after this sequence:

LQ: Can I take part in activities to improve my aim?

Children will be able to aim and throw a bean bag at a target.

Children will be able to roll a ball towards a target.

Child will be able to throw a bean bag over an obstacle aiming for a target.

Children will be able judge the force of the throw based on the distance.

Vocabulary:

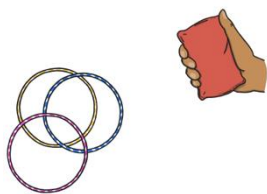
Aim, accuracy, target, distance

How will this feed into my next learning:

This will support children with aim and control in next component.

SEN:

Clear demonstration and explanation.



Component 5:

What we will know after this sequence:

LQ: Can I improve my ability to hold balances still and strike at a target?

Children will be able to move around the room in different ways (e.g. hop, skip, jump, side step).

Children will be able to balance on a different number of legs and hands.

Balance practice:

1. Balance on 1 leg (flamingo).
2. Repeat with lifting up on toe.
3. Repeat with eyes closed.
4. Balance relay – in small teams, children walk out holding 2x bean bags in either hands and arms outstretched to a cone and back before passing equipment to next child in the line.

Children will be able to travel keeping a football close to feet.

Children will be able to dribble using the inside of their foot.

Children will be able to dribble around cones as obstacles.

Children will aim to kick the ball towards target at the end.

Vocabulary:

Balance, control, stillness, aim

How will this feed into my next learning:

This will help us when applying multi-skills.

SEN:

Clear demonstration and explanation.



Component 3:

What we will know after this sequence:

LQ: Can I take part in a range of throwing and catching activities?

Children will be able to throw a bean bag up to head height and catch in 'ready' position.

Children will be able to clap in between the throwing and catching at least once.

Children will be able to bounce a ball and catch it.

Children will be able to clap in between the bounce and catch at least once.

Vocabulary:

Throw, catch, bounce, clap, ready position, distance.

How will this feed into my next learning:

This will support with activities where aim is important.

SEN:

Clear demonstration and explanation.



Component 2:

What we will know after this sequence:

LQ: Can I take part in running activities as quickly as I can?

Children will be able to travel at different speeds starting with 1 – walking up to 4 – running.

Children will be able to travel at different speeds while avoiding obstacles such as cones.

Children will be able to run in a straight line from one cone and back before tagging their partner to do the same.

Children will be able to do this while avoiding obstacles such as cones or mini hurdles (either in a zig zag shape or straight

Vocabulary:

Run, fast, relay, obstacles, hurdles.

How will this feed into my next learning:

Transfer speed and movement skills to throwing and catching.

SEN:

Clear demonstration and explanation.



Component 1:

We should know:

Identify, name and perform basic movements.

What we will know after this sequence:

LQ: Can I take part in a range of jumping activities?

Children will be able to follow simple jumping patterns.

Children will be able to perform a simple jumping pattern for others to copy.

Children will be able to jump and observe how far they have jumped.

Children will be able to jump over an obstacle.

Children will be able to jump from side to side either side of an obstacle and slowly gain rhythm of sideways bouncing.

Vocabulary:

Jump, pattern, measure height, length, perform.

How will this feed into my next learning:

We will know skills required to jump in different ways. This can be applied to avoiding obstacles when running and jumping over hurdles.

SEN:

Videos of different jump types available.

Demonstration of different jump types.

