

**Component 6: Match play.**

**What we will know after this sequence:**

Pupils will be able to demonstrate a fluent action with accuracy when shooting.  
Pupils can demonstrate balance, high release, wrist action during shooting with some accuracy.

Pupils can shoot and defend with confidence during game situations.

Pupils know and play matches using the correct High 5 positions.

**Vocabulary:** Shooting, Goal defence, Goal keeper, Centre, Goal Attack, Goal Shooter

**How will this feed into my next learning:** Pupils will be confident to play in high fives matches and also in a variety of different positions.

**SEND:** Children shown images of drills and activities to support their understanding.

**High 5 Netball Rotation Sheet**  
Squad of 7 Players

Position	Scorer	GA	GD	TK	C	GS	GK
Goal	GA	GD	TK	C	GS	GK	Scorer
Goal	GD	TK	C	GS	GK	Scorer	GA
Goal	TK	C	GS	GK	Scorer	GA	GD
Goal	C	GS	GK	Scorer	GA	GD	TK
Goal	GS	GK	Scorer	GA	GD	TK	C
Goal	GK	Scorer	GA	GD	TK	C	GS

**Component 4: Footwork and control.**

**What we will know after this sequence:**

Pupils will be able to control their feet when moving in different directions and speeds around the court.

Pupils will be able to demonstrate an understanding of footwork and know the rules around footwork during a game.

Pupils consistently move into positions to create space during games.

**Vocabulary:** Footwork, tactics, control, consistently, landing foot, technique.

**How will this feed into my next learning:** The children can attempt to compare and comment on skills, techniques and ideas used in their own and others' work and use this understanding to improve their performance

**SEND:** Ta support and possibly a larger ball used if necessary.



**Component 5: Positions.**

**What we will know after this sequence:**

Pupils will be able to identify the areas for each position in high 5 netball.

Pupils will also be aware that in a full sized match there are 7 positions.

Pupils can recognise the names of the positions played in high 5 netball.

Pupils can play a game of high 5 netball staying in the correct positions.

**Vocabulary:** Goal defence, Goal keeper, Centre, Goal Attack, Goal Shooter

**How will this feed into my next learning:** Pupils will all be able to shoot with confidence and score some goals and get their attempts on target in / around the net.

**SEND:** Children shown images of drills and activities to support their understanding.



**Component 3: Tactical awareness.**

**What we will know after this sequence:**

Pupils will be able to demonstrate tactical knowledge by moving into space to receive a pass.

Pupils will be able to move the ball forward with control while playing against opposition.

Pupils select and use skills, actions and ideas appropriately - applying them with coordination and control.

**Vocabulary:** Tactics, Control, Accuracy

**How will this feed into my next learning:**

Pupils will look for increased movement into space and accuracy of passing during drills and game situations.

**SEND:** Ta support and possibly a larger ball used if necessary.



**Component 2: Moving into space.**

**What we will know after this sequence:**

Pupils will be able to replicate the chest pass and bounce pass. Pupils will be able to be able to pass to a player moving onto a pass.

Pupils will be able to move into a space that allows a greater chance of receiving the ball.

**Vocabulary:** movement, space, tactical awareness, decisive passing.

**How will this feed into my next learning:** Encourage students not to be waiting to receive a pass - encourage the movement forward and receiving of the pass as one action. This will support them in game situations.

**SEND:** Ta support and possibly a larger ball used if necessary.

**Component 1: Moving and passing.**

**We should know:** That there are 7 members in each fully sized netball team, 5 players on the court at once in each High 5s team and that certain positions can only go in certain areas of a netball court that is divided up into thirds.

**What we will know after this sequence:**

Pupils will be able to describe how to warm up sensibly and refer to body parts and muscles.

Pupils will be able to demonstrate some accuracy when passing to each other from short and long distances.

Pupils will be able to control the ball with two hands, while moving around the court.

**Vocabulary:** Control, Accuracy, Chest pass, Bounce pass

**How will this feed into my next learning:** Pupils will be able to demonstrate simple skills and actions with basic control and coordination.

**SEND:** Ta support and possibly a larger ball used if necessary.