

Final Outcome: To be able to talk confidently about the changes in my own body that may occur during puberty and know how this relates to reproduction later on in life.

Component 3: To explore how puberty is linked to reproduction.

What we will know after this sequence:

- Children will be able to describe the physical and emotional changes that happen in puberty.
- They will be able to understand that children change into adults in order to reproduce.

Vocabulary: Pubic hair, private parts, breasts, periods, mood swings

How will this feed into my next learning:

Pupils will use their understanding of the human lifecycle and puberty when undertaking the next unit of SRE in year 5.

SEND: visual representation of new vocabulary, help with recording verbal responses.



Component 1: To explore the human lifecycle.

What we will know after this sequence:

- Children will be able to describe the main stages of the human lifecycle.
- They will be able to describe the body changes that happen when a human grows up.

Vocabulary: Baby, toddler, child, teenager, adult, elder.

How will this feed into my next learning:

Pupils will use their knowledge of the human lifecycle to understand some facts about puberty.

SEND: visual representation of new vocabulary, help with recording verbal responses.



Component 2: To identify some basic facts about puberty.

What we will know after this sequence:

- Children will be able to identify and describe male and female body parts using agreed words.
- They will be able to describe some of the changes that happen to the body during puberty.

Vocabulary: Fingers, armpits, penis, womb, vagina, nipples, face, testicles, ears

How will this feed into my next learning:

Pupils will use their understanding of puberty to explore how puberty is linked to reproduction.

SEND: visual representation of new vocabulary, help with recording verbal responses.

