

How to say Set 1 Sounds

- m – press your lips together hard and stretch the sound.
- a- open your mouth wide as if to take a bite out of an apple.
- s- keep your teeth together and hiss.
- d – tap your tongue gently behind your teeth.
- t – tick your tongue behind your teeth.
- I – make a sharp sound at the back of your throat and smile.
- n – keep your tongue behind your teeth as you say nnnnnnn
- p – make a light popping sound as you say p-p-p-p-p
- g – make a soft sound in your throat as you say g-g-g-g-g
- o – push your lips out and make your mouth in to an o shape as you say o-o-o
- c – say and bounce c-c-c-c-c-c as you make a sharp click at the bottom of your throat.
- k – say and bounce k-k-k-k-k as you make a sharp click at the back of your throat. (as with caterpillar)
- u – sing and bounce u-u-u-u as you make the sound at the bottom of your throat.
- b – bounce b-b-b-b-b.. Try to say a short b rather than buh
- f – keep your top teeth on your bottom lip and force air out sharply.
- e – bounce e-e-e-e-e
- l – keep your tongue pointed and curled behind your teeth.
- h – bounce h-h-h-h. breath sharply on to your hand.
- sh – force out the lips and put the finger to the mouth.
- r – rrrrrr as if making a mini growl.
- j – push your lips forward as you make the sound.
- v – keep your teeth on your bottom lip and force out air.
- y – keep the edges of your tongue against your teeth.
- w – keep your lips tightly pursed.
- th – put your tongue between your teeth and force out the air.
- z – keep your teeth together and make the sound of a fly.
- ch – thrust your lips out and pretend to sneeze
- qu – keep your lips pursed as you say cw
- x – as though your saying kiss without the i: cs
- ng – make a long nasal sound at the back of your throat.
- nk – make a long nasal sound at the back of your throat with a click at the end.